

## Dermamelan Intimate Treatment Instructions

### Home Instructions Directly After Treatment

- **Dermamelan Intimate mask was applied at \_\_\_\_ : \_\_\_\_ am/pm and should be removed at home at \_\_\_\_ : \_\_\_\_ am/pm.**
- Step 1: Remove Dermamelan intimate inclusive film and Dermamelan intimate mask using lukewarm water and an intimate cleansing gel with adequate pH **2 hours after treatment.** Repeat a gentle wash as many times as necessary to remove all traces of the product..
- Step 2: Apply crystal fiber intimate mask over the area treated. It is recommended to apply it stretched out over a surface previously protected with a towel. **Leave on for 10-15 minutes.**
- Step 3: **48 hours after treatment at the clinic** apply, at night, one or two pulses of Dermamelan Intimate home depigmenting gel cream. Cover the area to be treated evenly. It is recommended to protect the intimate are using a panty-liner.

### Follow Up:

If an appointment was not booked on the day of treatment, please contact Look Lab and book your follow-up appointment at 833.999.5665.

### After Your Treatment:

Please remember that aftercare **is under your control** and what you do has a direct effect on the success of your treatment. For optimal results, and to minimize the chances of adverse effects, please adhere to the following instructions and recommendations:

- Wash the treated area thoroughly 2 hours after treatment with lukewarm water to remove all serum and other debris such as dried treatment cream.
- Avoid sexual intercourse 1 week after treatment.
- Avoid exercise for 24 hours after treatment.
- Avoid direct sun exposure for at least 10 days, if possible.
- Avoid the following for 48 hours post treatment:
  - Excessive sweating, including sauna or steam rooms (may cause sensitivity)
  - Swimming pools
  - Chlorine
  - Tanning beds and direct sunlight
- Avoid the following for 15 days post treatment
  - Waxing
  - Electrodepilation or photodepilation

### Before Your Dermamelan Intimate treatment:

- No waxing or laser treatments in the area 7 days before
- Shave the area at least 24 hours before treatment (ideally 48 hours prior to treatment)
- Avoid sexual intercourse 24 hours before treatment
- Avoid isotretinoin treatments or other retinoids 6 months prior to treatment.
- Stop using Hydroquinone 2 weeks before the procedure on the are to be treated
- Treatment is not recommended if you have/had herpes but not active - should use prophylactic treatment as it could reappear
- Dermamelan Intimate is not performed on pregnant or breastfeeding patients. It is your responsibility to inform our staff of your health status including any medication and cancel/reschedule your appointment if you are pregnant or breastfeeding.
- Dermamelan Intimate is not performed on patients with autoimmune, chronic, decompensated and/or dermatological diseases in progress.
- Dermamelan Intimate is not performed on areas with open wounds, fissures or viral, fungal or bacterial infections.
- Please discuss any recent gynecological surgeries with your provider prior to treatment.

### **Communication:**

The most important person at Look Lab is you, the patient! We are 100% committed to giving you the perfect experience! Please let us know how we're doing by emailing us at [info@LookLab.com](mailto:info@LookLab.com) or leave us a review on any social media platform (Google, Yelp, FaceBook).

Please notify our clinical staff at **833.999.5665(LOOK)** immediately with any medical questions you may have and always feel free to make an in-person appointment for an evaluation if you have a concern. In case of an emergency please visit the emergency room.

Anything you forgot to ask? Send us a direct message on Instagram **@LookLabMedSpas**