

Dermaplane Treatment Instructions

Please remember that aftercare **is under your control** and what you do has a direct effect on the success of your treatment. For optimal results, and to minimize the chances of adverse effects, please adhere to the following instructions and recommendations:

After your Treatment

- Avoid direct sun exposure and wear a broad-spectrum sunscreen (SPF 30+) daily.
- Do not use retinoids, acids, exfoliants, or abrasive cleansers for at least 3 days post-treatment.
- Avoid heavy makeup, sweating, saunas, or other facial treatments for 24 hours.
- Wash your face with a gentle cleanser and apply a soothing moisturizer as recommended by your provider.
- Do not pick or scratch at your skin; mild redness or sensitivity is normal and should resolve within a few hours.
- Maintain hydration and a gentle skincare routine to prolong your results.

If you experience prolonged redness, swelling, or signs of infection, please contact your provider immediately.

Before Treatment:

- Avoid sunburn, tanning, facial waxing, and aggressive exfoliation for at least 5 days prior.
- Discontinue use of retinoids, acids, or exfoliating products 3-5 days before your appointment.
- Arrive with clean skin and inform your provider of any recent cosmetic procedures, active breakouts, or skin changes.

Communication:

The most important person at Look Lab is you, the patient! We are 100% committed to giving you the perfect experience! Please let us know how we're doing by emailing us at hello@LookLab.com or leave us a review on any social media platform (Google, Yelp, FaceBook).

Please notify our clinical staff at 833.999.5665(LOOK) immediately with any medical questions you may have and always feel free to make an in-person appointment for an evaluation if you have a concern. In case of an emergency please visit the emergency room.

Anything you forgot to ask? Send us a direct message on Instagram

@LookLabMedSpas