

Hydrafacial® Post-Treatment Instructions

Please remember that aftercare **is under your control** and what you do has a direct effect on the success of your treatment. For optimal results, and to minimize the chances of adverse effects, please adhere to the following instructions and recommendations:

AFTER YOUR HYDRAFACIAL® TREATMENT:

- Avoid direct sun exposure, tanning, and heat (such as saunas or hot tubs) for at least 24-48 hours after your treatment.
- Apply a broad-spectrum sunscreen (SPF 30+) daily, reapplying as directed.
- Do not use exfoliating products, Retin-A, retinoids, or acid-based skincare (glycolic, salicylic, etc.) for 48 hours post-treatment.
- Avoid waxing, laser treatments, or other facials for at least 1 week.
- Use a gentle cleanser and moisturizer as recommended by your provider.
- It is normal to experience mild redness or tightness, which typically resolves within a few hours.
- Avoid heavy makeup for the rest of the day if possible.
- Stay hydrated and maintain a consistent skincare routine to prolong your results.
- Contact your provider if you experience persistent redness, swelling, or any signs of infection.

PRIOR TO YOUR HYDRAFACIAL® TREATMENT:

- Avoid sun exposure, tanning beds, waxing, and aggressive exfoliation for at least 3-5 days prior.
- Discontinue use of Retin-A, retinoids, or acid-based products 48 hours before.
- Arrive with a clean face (no makeup, lotions, or sunscreen, if possible).
- Inform your provider of any recent cosmetic procedures, medications, or skin changes.

Communication:

The most important person at Look Lab is you, the patient! We are 100% committed to giving you the perfect experience! Please let us know how we're doing by emailing us at hello@LookLab.com or leave us a review on any social media platform (Google, Yelp, FaceBook).



Please notify our clinical staff at 833.999.5665(LOOK) immediately with any medical questions you may have and always feel free to make an in-person appointment for an evaluation if you have a concern. In case of an emergency please visit the emergency room. Anything you forgot to ask?

Send us a direct message on Instagram **@LookLabMedSpas**