

## The Formula Facial Treatment Instructions

Please remember that aftercare **is under your control** and what you do has a direct effect on the success of your treatment. For optimal results, and to minimize the chances of adverse effects, please adhere to the following instructions and recommendations:

### After Your Formula Signature Facial Treatment:

- Avoid direct sun exposure and always apply sunscreen (SPF 30+) when outdoors.
- Do not use retinoids, acids, or exfoliating products for at least 48 hours post-treatment.
- Refrain from waxing, facial hair removal, or additional facial treatments for 48 hours.
- Use a gentle cleanser and moisturizer as recommended by your provider.
- Avoid heavy makeup for at least the rest of the day if possible.
- Mild redness or sensitivity can occur and should subside within a few hours.
- Maintain hydration and a consistent, gentle skincare routine.
- If you notice any persistent irritation or unusual skin reactions, please contact your provider.

### Prior to your Formula Signature Facial Treatment:

- Avoid sunburn, tanning, facial waxing, or aggressive exfoliation for at least 3 days prior.
- Discontinue use of retinoids or acid-based products 48 hours before your appointment.
- Arrive with a clean face if possible, and inform your provider of any recent cosmetic procedures or skin changes.

### Communication:

The most important person at Look Lab is you, the patient! We are 100% committed to giving you the perfect experience! Please let us know how we're doing by emailing us at [hello@LookLab.com](mailto:hello@LookLab.com) or leave us a review on any social media platform (Google, Yelp, FaceBook).

Please notify our clinical staff at 833.999.5665(LOOK) immediately with any medical questions you may have and always feel free to make an in-person appointment for an evaluation if you have a concern. In case of an emergency please visit the emergency room.

Anything you forgot to ask? Send us a direct message on Instagram

**@LookLabMedSpas**