

VI Peel® Treatment Instructions

Please remember that aftercare **is under your control** and what you do has a direct effect on the success of your treatment. For optimal results, and to minimize the chances of adverse effects, please adhere to the following instructions and recommendations:

After your VI Peel® Treatment:

- Expect visible peeling/flaking for 3-7 days; do not pick, peel, or scratch at your skin.
- Use the post-peel towelettes and moisturizer provided, following the schedule given by your provider.
- Avoid direct sun exposure, tanning, sweating, swimming, or strenuous exercise for at least 7 days.
- Apply a broad-spectrum sunscreen (SPF 30+) every morning and reapply throughout the day.
- Do not use exfoliants, acids, retinoids, or waxing until your skin has completely healed.
- Wash your face gently with a mild, non-abrasive cleanser.
- Avoid heavy makeup until peeling subsides.
- It is common to experience mild redness, tingling, or tightness during the peeling process.
- Contact your provider if you develop severe redness, blistering, prolonged discomfort, or signs of infection.

Prior to your VI Peel® Treatment:

- Avoid sun exposure, tanning beds, waxing, and aggressive exfoliation for at least 7 days prior.
- Discontinue use of Retin-A, retinoids, hydroquinone, acids, or exfoliating products 5-7 days before treatment.
- Inform your provider of any recent cosmetic procedures, cold sores, or facial infections.
- Arrive with a clean face (no makeup, lotions, or sunscreen, if possible).

Communication:

The most important person at Look Lab is you, the patient! We are 100% committed to giving you the perfect experience! Please let us know how we're doing by emailing us at hello@LookLab.com or leave us a review on any social media platform (Google, Yelp, FaceBook).



Please notify our clinical staff at 833.999.5665(LOOK) immediately with any medical questions you may have and always feel free to make an in-person appointment for an evaluation if you have a concern. In case of an emergency please visit the emergency room.

Anything you forgot to ask? Send us a direct message on Instagram

@LookLabMedSpas